



Susan David

Susan David, Ph.D. is one of the world's leading management thinkers and an award-winning Harvard Medical School psychologist. She has spent the past two decades studying how the way we navigate our emotions shapes everything that matters: our actions, careers, relationships, health, and happiness. Her #1 Wall Street Journal bestselling book, *Emotional Agility*—based on the concept that [Harvard Business Review](#) heralded as a “Management Idea of the Year” and winner of the Thinkers50 Breakthrough Idea Award—describes the psychological skills critical to thriving in times of complexity and change. ***Emotional Agility*** been translated into 30 languages and is winner of numerous accolades including Amazon's Best Books of the Year Award and the Books for a Better Life Psychology Award. Dr. David's **TED Talk** on emotional agility has been viewed by more than 10 million people.

Named to the Thinkers50 global list of the top management thinkers, Dr. David is a sought-after keynote speaker and advisor, with clients that include the World Economic Forum, Ernst & Young, the United Nations, Google, Microsoft, Nasdaq, and many other national and multinational organizations. She is a frequent contributor to the [New York Times](#), [Washington Post](#), and [Wall Street Journal](#) and a guest on national radio and television.

Dr. David trained as a clinical psychologist. She completed her Ph.D. and a post-doctorate at Yale University on emotions research. She is on the faculty at Harvard Medical School and is a Cofounder of the Institute of Coaching (a Harvard Medical School/McLean affiliate). She lives with her family outside of Boston.